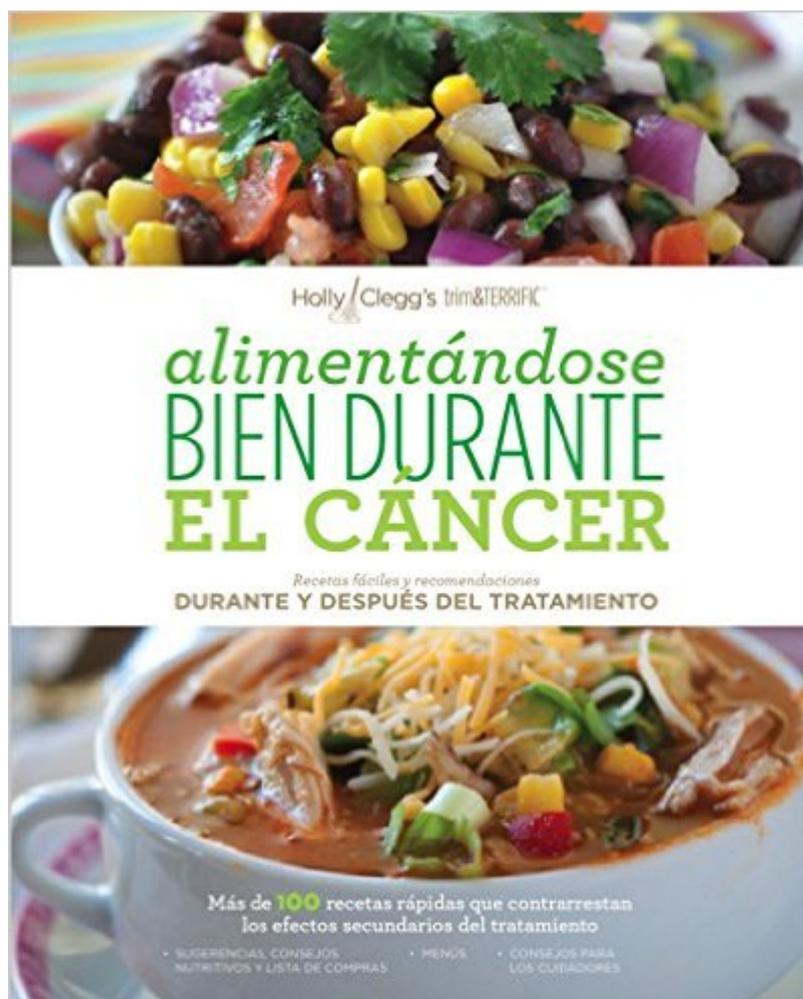


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# Alimentándose Bien Durante El Cáncer / Eating Well Through Cancer (Spanish Edition)



## Synopsis

Alimentándose bien durante el cáncer: Recetas fáciles y recomendaciones durante y después del tratamiento. Es un libro de recetas que mejora la calidad de vida para pacientes con cáncer. Pacientes y cuidadores tienen ahora las herramientas necesarias para crear versiones más saludables de sus comidas favoritas, con recetas enfocadas en contrarrestar los efectos del tratamiento. Eating Well Through Cancer: Easy Recommendations During & After Treatment is a reference cookbook that improves the quality of life for cancer patients by giving patients and their caregivers the tools to healthier versions of the foods we all love, and recipes targeted to ease specific symptoms of cancer treatments. Cada capítulo se enfoca en un efecto secundario durante el tratamiento. Con sugerencias muy útiles para cuidadores y para después del tratamiento. Incluye lista de compras y consejos para cada síntoma. También se presentan recetas específicas para diabéticos, sin gluten, fáciles de congelar y para vegetarianos. Los capítulos incluyen información sobre: Quimioterapia, neutropenia, diarrea, estreñimiento, dolores en la boca, alimentos altos en proteínas, aumento de peso, aperitivos, cuidadores y qué hacer después del tratamiento. Each chapter with focus on different side effect. Caregiver and Post Treatment Healthy Eating. Includes shopping list and tips for each side effect. Highlights Diabetic, Gluten-free, Freezer Friendly, and Vegetarian recipes. Chapters include information about: Day of Chemo, Neutropenia, Diarrhea, Constipation, Sore Mouth, High Protein, Weight Gain, Snacks, Caregivers, and Post Healthy Eating.

## Book Information

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## Customer Reviews

What a fantastic book, with a unique perspective on how to handle going through cancer treatment. No other book has helped like this one, full of easy delicious meals that I can tolerate during extra sensitive times. It has been extremely helpful and comforting to have during this anxious overwhelming time. Thank you!

This book is a lifesaver for me, especially when going through cancer treatment. It is easy to feel overwhelmed when newly diagnosed, and this book is full of important survival information how to handle treatment and practical food and recipes for the whole family. I recommend it to anyone I know going through cancer treatment.

Muy buen libro. Toda la informaci3n nutricional la encuentras ah3- y adem3s muy buenos consejos para alimentarnos saludablemente. Dice que son recetas para gente con c3ncer pero la verdad es que son comidas sanas. A ver si para navidad ya estoy m3s en forma!

Excelente libro, Buenisimas recetas.100% recomendable!!!!

Un libro de cocina simplemente maravilloso con recetas sabrosas y f3ciles de preparar no solo lo para los que sufren de c3ncer, en casa a todos nos gustaron.

ostras, no entiendo como recomiendas panes, bagels, y demas cuando eso es prohibitivo para el cancer, el azucar es lo peor que podemos darle a cuerpo.

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(Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention) Clean Eating: 365 Days of Clean Eating Recipes (Clean Eating, Clean Eating Cookbook, Clean Eating Recipes, Clean Eating Diet, Healthy Recipes, For Living Wellness and Weigh loss, Eat Clean Diet Book American Cancer Society Complete Guide to Nutrition for Cancer Survivors: Eating Well, Staying Well During and After Cancer Eating Well Through Cancer: Easy Recipes & Tips to Guide you Through Treatment and Cancer Prevention Anti-Cancer Diet: An Ultimate Guide to Reverse and Prevent Cancer Naturally! (anti-cancer diet, anti-cancer cookbook, anti-cancer diet recipes, reverse cancer, prevent cancer) Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) The Breast Cancer Patient's Survival Guide: Amazing Medical Strategies for Winning: A Natural Guide to Treatment of Cancer, Breast Cancer, Cancer and Nutrition, Beating Cancer and Fighting Cancer La Mejor Dieta Anti-Cancer: Descubra Las Mejores Recetas Anticancer: Descubra Como Alimentarse Bien Para Prevenir el Cancer y La Mejor Alimentacion Anti Cancer (Spanish Edition) Clean Eating: Clean Eating Diet: The 7-Day Plan for Weight Loss & Delicious Recipes for Clean Eating Diet (Clean Eating, Weight Loss, Healthy Diet, Healthy ... Paleo Diet, Lose Weight Fast, Flat Belly) Eating Well Through Cancer: Easy Recipes & Recommendations During and After Treatment Eating Well Through Cancer: Easy Recipes Eating Well Through Cancer Easy Recipes & Recommendations Manual de herreria/ Blacksmithing Guide (Como Hacer Bien Y Facilmente/ How to Do It Well and Easily) (Spanish Edition) Manual de mantenimiento de albercas/ Pool Maintenance Manual: Una guia paso a paso/ A Step by Step Guide (Como Hacer Bien Y Facilmente/ How to Do Well and Easily) (Spanish Edition) Manual De Carpinteria I / Carpentry Manual I: Una Guia Paso a Paso / A Step by Step Guide (Como Hacer Bien Y Facilmente / How to Do Well and Easily) (Spanish Edition)

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